

**Occupational Safety and Health Administration (OSHA)  
Respirator Medical Evaluation Questionnaire  
(App. C 1910.134)  
Mandatory**

**TO THE EMPLOYER.** Affirmative answers to questions in Part A Section 2, except question 9, require a medical examination.  
**TO THE EMPLOYEE.** Can you read?  Yes  No Your employer must allow you to answer this questionnaire during normal working hours, or at a time and place that is convenient for you. To maintain your confidentiality, your employer or supervisor must not look at or review your answers, and your employer must tell you how to deliver or send this questionnaire to the health care professional that will review it.

**Supplemental Information.** To be provided by the employer regarding the use of respirator and the working conditions.

1. Employer Representative: \_\_\_\_\_ Telephone: \_\_\_\_\_

2. Respirator Type	Weight	Duration of Use	Frequency of Use
_____	_____	_____	_____

Expected physical effort:  Light Effort (Sitting/standing while writing, performing light assembly work: or controlling machines)  
 Moderate Effort (Sitting/standing/walking using tools, performing assembly work, lifting/pushing moderate loads)  
 Heavy Effort (Lifting heavy loads (>35lbs.); shoveling; walking up an 8° grade, climbing stairs with a load)

Expected use of additional protective clothing and/or equipment while using the respirator.  Yes  No

If yes, describe: \_\_\_\_\_

Expected working conditions: Temperature Extremes Low: \_\_\_\_\_°F High: \_\_\_\_\_°F

Humidity Extremes Low: \_\_\_\_\_% High: \_\_\_\_\_%

**Part A. Section 1.** To be completed by all applicants/employees selected to use any type of respirator. Please print.

Name		Social Security #		Sex <input type="checkbox"/> Male <input type="checkbox"/> Female		Date
Address			City	State	Zip Code	Job Title
Telephone ( )	Best time to reach you at this number	Date of Birth		Age	Height (ft. in.)	Weight (lbs)

- |   |   |
|---|---|
| <p>1. Has your employer told you how to contact the health care Professional who will review this questionnaire? <input type="checkbox"/> Yes <input type="checkbox"/> No If</p> <p>2. Check the type of respirator you will use. (Check all that apply)<br/> <input type="checkbox"/> N, R, or P disposable respirator<br/> <input type="checkbox"/> Other types (i.e. half or full-facepiece, powered-air purifying, supplied-air, self-contained breathing apparatus).</p> | <p>3. Have you worn a respirator? <input type="checkbox"/> Yes <input type="checkbox"/> No<br/>If Yes, list what type(s)<br/>         _____<br/>         _____<br/>         _____</p> |
|---|---|

**Part A. Section 2.** To be completed by all applicants/employees selected to use any type of respirator. Please circle **Yes** or **No**.

- |   |  |
|---|--|
| <p>1. Do you currently smoke tobacco, or have you smoked tobacco in the last month? Yes No</p> <p>2. Have you ever had any of the following conditions?<br/>         a. Seizures (fits): Yes No<br/>         b. Diabetes (sugar disease): Yes No<br/>         c. Allergic reactions interfering with your breathing Yes No<br/>         d. Claustrophobia (fear of closed-in places): Yes No<br/>         e. Trouble smelling odors: Yes No</p> <p>3. Have you ever had any of the following pulmonary or lung problems?<br/>         a. Asbestosis: Yes No<br/>         b. Asthma: Yes No<br/>         c. Chronic bronchitis: Yes No<br/>         d. Emphysema: Yes No</p> | <p>e. Pneumonia: Yes No<br/>         f. Tuberculosis: Yes No<br/>         g. Silicosis: Yes No<br/>         h. Pneumothorax (collapsed lung) Yes No<br/>         i. Lung cancer: Yes No<br/>         j. Broken ribs: Yes No<br/>         k. Any chest injuries or surgeries: Yes No<br/>         l. Other lung problems you've been told about? Yes No</p> <p>4. Do you currently have any of the following symptoms of pulmonary or lung illness?<br/>         a. Shortness of breath: Yes No<br/>         b. Shortness of breath when walking fast on level ground or walking up a slight hill or incline: Yes No<br/>         c. Shortness of breath when walking with other people at an ordinary pace on level ground: Yes No</p> |
|---|--|

- |   |     |    |   |     |    |
|---|-----|----|---|-----|----|
| d. Have to stop for breath when working at your own pace on level ground: | Yes | No | c. Pain or tightness in your chest that interferes with your job:                     | Yes | No |
| e. Shortness of breath when washing or dressing yourself:                 | Yes | No | d. In the past two years, have you noticed your heart skipping or missing a beat:     | Yes | No |
| f. Shortness of breath interfering with your job:                         | Yes | No | e. Heart burn or indigestion not related to eating:                                   | Yes | No |
| g. Coughing producing phlegm (thick sputum):                              | Yes | No | f. Any other symptoms that you think may be related to heart or circulation problems: | Yes | No |
| h. Coughing that wakes you early in morning:                              | Yes | No |   |     |    |
| i. Coughing that occurs mostly when you are lying down:                   | Yes | No | 7. Do you currently take any medication for any of the following problems?            |     |    |
| j. Coughing up blood in the last month:                                   | Yes | No | a. Breathing or lung problems:  | Yes | No |
| k. Wheezing   | Yes | No | b. Heart problems:  | Yes | No |
| l. Wheezing that interferes with your job:                                | Yes | No | c. Blood pressure:  | Yes | No |
| m. Chest pain when you breathe deeply:                                    | Yes | No | d. Seizures (fits):   | Yes | No |
| n. Any other symptoms that you think may be related to lung problems:     | Yes | No |   |     |    |
5. Have you ever had any of the following cardiovascular or heart problems?
- |   |     |    |   |     |    |
|---|-----|----|---|-----|----|
| a. Heart attack:  | Yes | No | 8. Have you ever used a respirator?                                 | Yes | No |
| b. Stroke:  | Yes | No | If Yes, have you had any of the following problems?                 |     |    |
| c. Angina:  | Yes | No | a. Eye irritation:  | Yes | No |
| d. Heart failure:   | Yes | No | b. Skin allergies or rashes:  | Yes | No |
| e. Swelling in your legs or feet (not caused by walking): | Yes | No | c. Anxiety:   | Yes | No |
| f. Heart arrhythmia (heart beating irregularly):          | Yes | No | d. General weakness or fatigue:                                     | Yes | No |
| g. High blood pressure:                                   | Yes | No | e. Any other problems that interfere with your use of a respirator: | Yes | No |
| h. Other heart problems you've been told about:           | Yes | No |   |     |    |
6. Have you ever had any of the following cardiovascular or heart symptoms?
- |  |     |    |  |     |    |
|--|-----|----|--|-----|----|
| a. Frequent pain or tightness in your chest:                 | Yes | No | 9. Would you like to talk to the health care professional who will review this questionnaire about your answers? | Yes | No |
| b. Pain or tightness in your chest during physical activity: |     |    |  |     |    |

**Questions 10 to 15** must be completed by all applicants/employees selected to use either a full-facepiece respirator or a self-contained breathing apparatus (SCBA). For employees selected to use other types of respirators, answering these questions is voluntary. Please circle **Yes** or **No**.

- |   |     |    |  |     |    |
|---|-----|----|--|-----|----|
| 10. Have you ever lost vision in either eye (temporarily or permanently)? | Yes | No | 15. Do you currently have any of the following musculoskeletal problems?         |     |    |
| 11. Do you currently have any of the following vision problems?           |     |    | a. Weakness in any of your arms, hands, legs, or feet:                           | Yes | No |
| a. Wear contact lenses:   | Yes | No | b. Back pain:  | Yes | No |
| b. Wear glasses:  | Yes | No | c. Difficulty fully moving your arms and legs:                                   | Yes | No |
| c. Color blind:   | Yes | No | d. Pain or stiffness when you leaning forward or backward at the waist:          | Yes | No |
| d. Any other eye or vision problem:                                       | Yes | No | e. Difficulty fully moving your head up or down:                                 | Yes | No |
| 12. Have you ever injured your ears, including a broken ear drum?         | Yes | No | f. Difficulty fully moving your head side to side:                               | Yes | No |
| 13. Do you currently have any of the following hearing problems?          |     |    | g. Difficulty bending at your knees:   | Yes | No |
| a. Difficulty hearing:  | Yes | No | h. Difficulty squatting to the ground:   | Yes | No |
| b. Wear a hearing aid:  | Yes | No | i. Climbing a flight of stairs or a ladder carrying more than 25 lbs:            | Yes | No |
| c. Any other hearing or ear problem:                                      | Yes | No | j. Any other muscle or skeletal problem that interferes with using a respirator: | Yes | No |
| 14. Have you ever had a back injury?                                      | Yes | No |  |     |    |

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Healthcare Professional**

Name \_\_\_\_\_

Address \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_